

2015 PHILADELPHIA DISCHARGE PLANNING MANUAL

**For people in jail or prison
planning their release back to
Philadelphia, and for those who have
recently returned**



Cover Art By Mary Tremonte

INTRODUCTION

The *2015 Philadelphia Discharge Planning Manual* is intended for people in prison or jail who are planning for their discharge, especially those who are coming back to Philadelphia. Over 60% of prisoners in Pennsylvania are released to Philadelphia.

This guide is based on the organizations in the *2015 Greater Philadelphia AIDS Resource Guide*, published by the AIDS Library of Philadelphia. These resources are for everyone, regardless of HIV status. The AIDS Library can answer any health and resource questions. We also assist in the publication of *Prison Health News*. Write us to subscribe to PHN or ask health-related questions. Contact us at:

AIDS Library | 1233 Locust St, 2nd Fl, Philadelphia, PA 19107 | 215-985-4851 | aidslibrary.org

The AIDS Library is part of Philadelphia FIGHT, a large AIDS service organization. FIGHT has HIV medical care, education, computer access, and public programs. FIGHT can help you if you have HIV, or want to learn about it. FIGHT's Lax Center provides medical care for people living with HIV (see page 23).

Philadelphia FIGHT | 1233 Locust St, 3rd Fl, Philadelphia, PA 19107 | 215-985-4448 | fight.org

FIGHT has a prison services program called the Institute for Community Justice (ICJ). ICJ is specifically for people who have been incarcerated and have come back to Philadelphia. They offer a re-entry drop-in center on weekday afternoons, GED and computer classes, educational and supportive programs, and much more.

[ICJ wants to support you when you return to Philadelphia!](#)

ICJ | 1207 Chestnut Street, 2nd Floor, Philadelphia, PA 19107

| 215-525-0460 | www.fight.org

TABLE OF CONTENTS

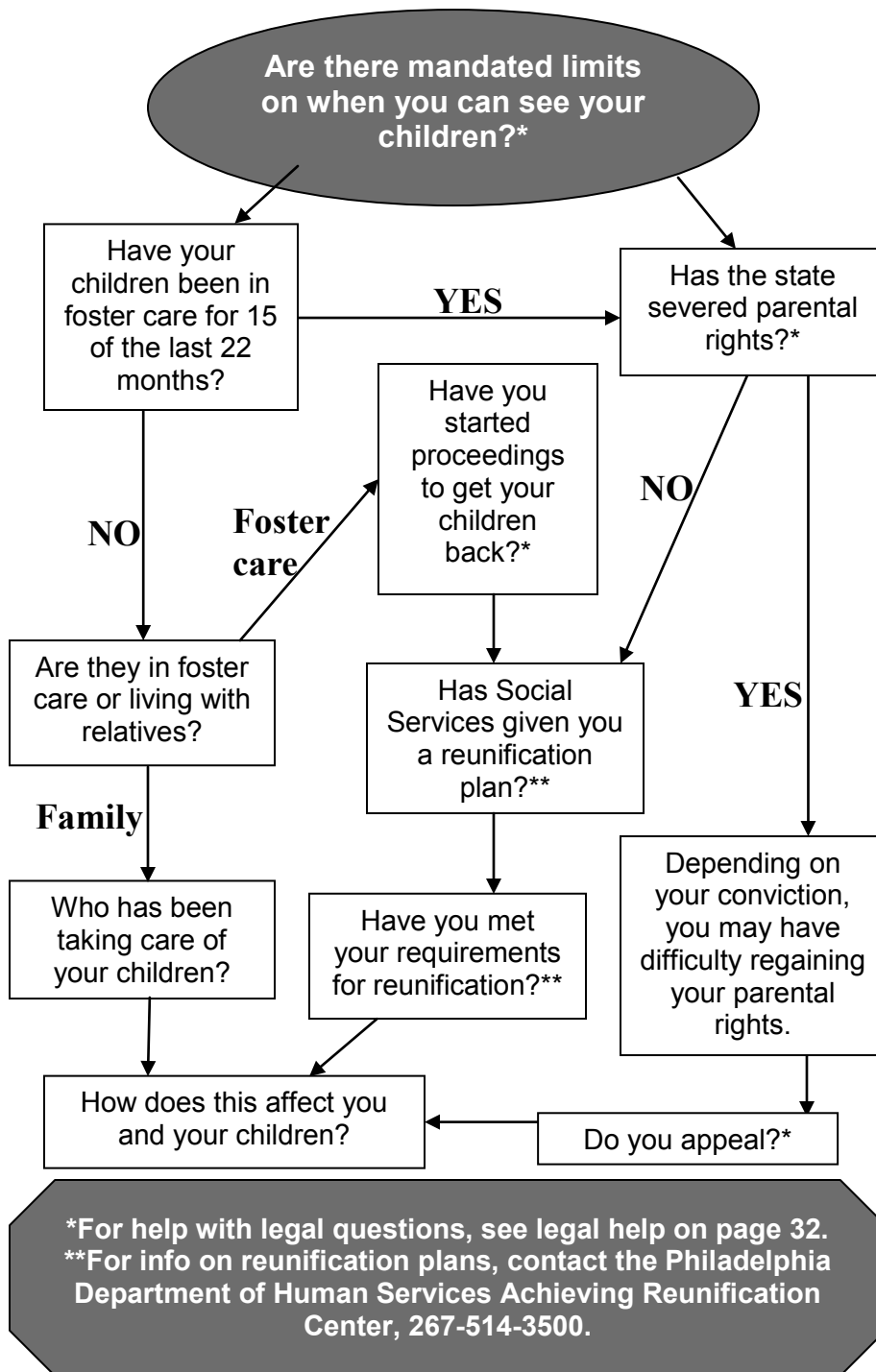
Front Cover.....	1
Introduction.....	2
Table of Contents.....	3
Roadmaps for Success.....	4-6
HIV and AIDS Basics and Questions.....	7-13
More Tips On Getting Good Information.....	14
Words To Live By.....	15-16
Planning For When You Get Out.....	17-18
Pull-Out Section: Medical Summary and Checklist.....	19-22
Philadelphia Resources.....	23-38
Medical Care.....	23
Case Management.....	23
Re-entry.....	24
Activism and Advocacy.....	24-25
Crisis Hotlines.....	26
Education.....	26
Employment.....	27-28
Food.....	28-29
Housing.....	29-31
Internet Access.....	32
Legal Services.....	32-33
Mental Health Care.....	33
Recovery and Substance Use Services.....	34-36
Research / Clinical Trials.....	36
Spanish Language Hotlines.....	36
Support Groups.....	37-38
Testing—HIV.....	38
Transportation.....	38
Resources Outside of Philadelphia.....	38-39
Re-Entry Basics and Credits.....	40

All addresses are in Philadelphia, unless otherwise noted.

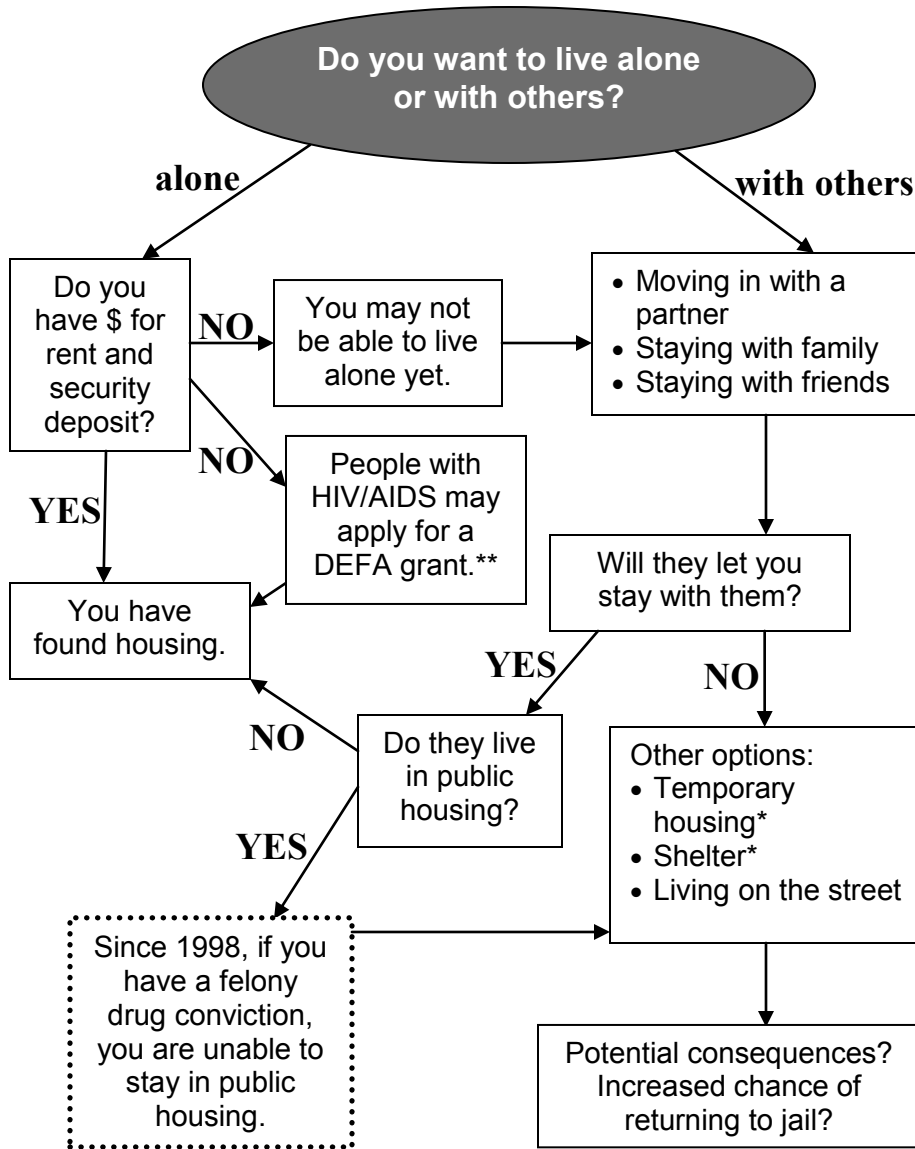
If you can, call to confirm an organization's services before you spend money or time traveling.

We want to be accurate, so please inform the AIDS Library of any changes or corrections.

ROADMAP: REUNITING WITH FAMILY

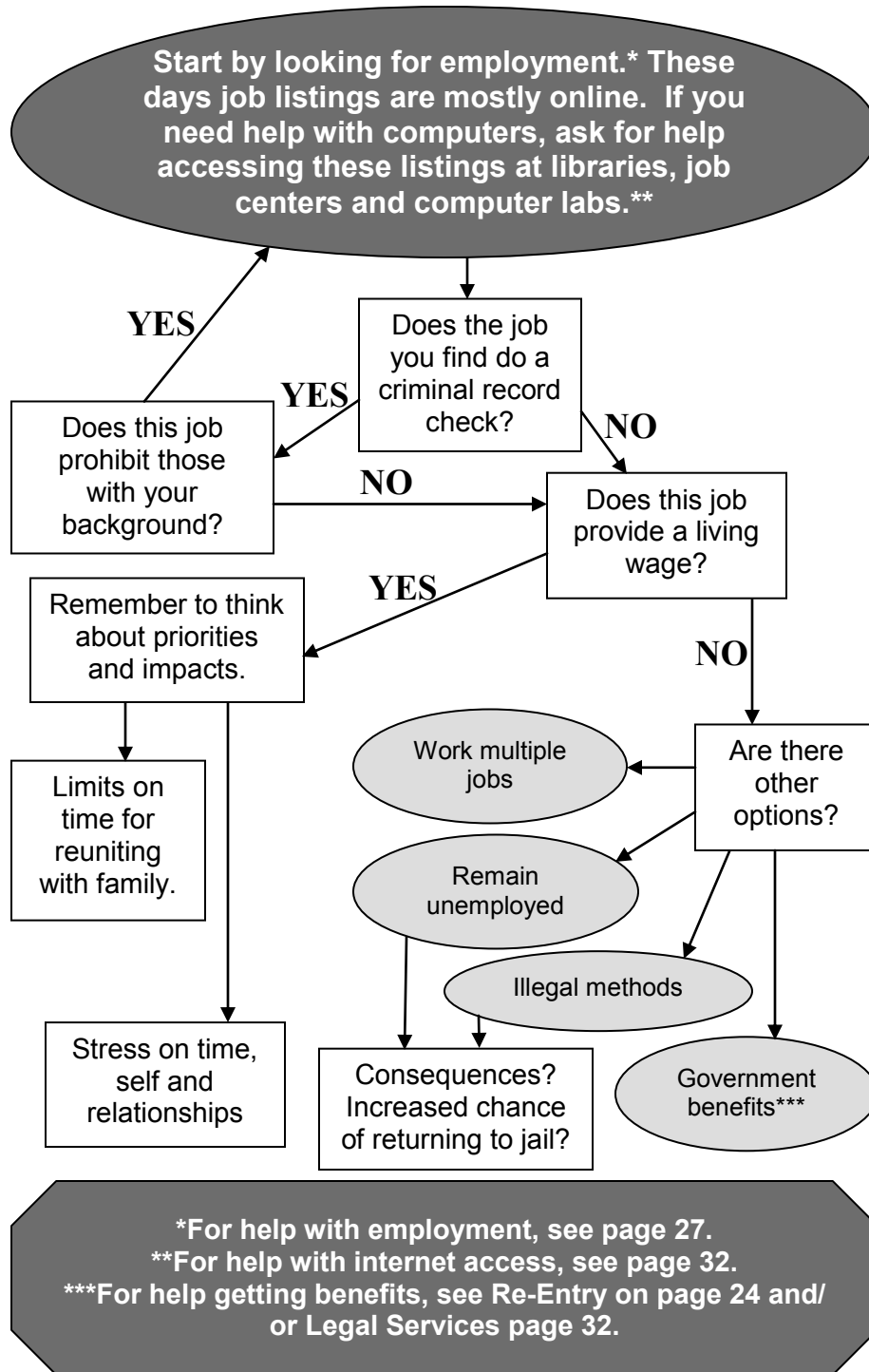


ROADMAP: GETTING HOUSING



***For info on Philadelphia emergency housing intakes, and other housing programs see page 29-31.**
****For Info on DEFA grants, contact the Public Health Management Corporation at 215-985-2500.**

ROADMAP: EARNING MONEY



HIV AND AIDS BASICS

As mentioned earlier, this book is for people who are in prison or jail who are planning their release back to Philadelphia. We also want to reach people on the inside who are living with HIV, and those who are at risk of HIV who want to keep themselves from getting it.

For that reason, we will cover common questions about:

- What is HIV, and how it is transmitted
- How you can live with it (because you **can** live with it)
- Tools to get help once you are out of prison or jail

HIV is complicated. When you are HIV-positive, sometimes it feels like HIV runs your life. We believe YOU run your life. Having HIV means making a lot of decisions. This is especially true when you are back on your own.

Lots of people helped write this book. Some of them are people living with HIV who have spent time in prison or jail. We also got help from doctors who treat people living with HIV. Many of us are educators who work with HIV-positive people.

This book cannot give you medical advice. It cannot take the place of talking to a doctor or nurse. This book can give you information and suggestions about living with HIV in prison, and help you plan for your life outside.

***HIV / AIDS bottom line:
When HIV was discovered, it was a
death sentence. That has changed.
Today, HIV is not a death sentence.
We can fight the disease and stay
healthy. People with HIV can live long
and healthy lives.
You can too!***

HIV AND AIDS QUESTIONS

What is HIV And What Is AIDS?

HIV stands for *Human Immunodeficiency Virus*.

AIDS stands for *Acquired Immune Deficiency Syndrome*.

HIV is a virus. HIV attacks the body's *immune* system, making it *weak* (so it has a *deficiency*). When your immune system is weak, your body does not fight off infections as well as it used to. You can become very sick. If this happens, you may be told you have AIDS.

The medical definition of AIDS is “under 200 CD4 cells or an opportunistic infection.” You can have HIV without having AIDS. You can't have AIDS without having HIV.

How Does Someone Get HIV?

HIV is found in blood, semen, vaginal fluids and breast milk.

HIV can only be spread if these body fluids have HIV in them and that fluid gets into the bloodstream of another person. This can happen in the following ways:

- **Blood:** When someone shares needles for drugs or tattoos, or shares gear (cookers, cotton) there is a risk of blood exposure. Using bleach and water to clean gear reduces the risk, but it is better to use a new needle every time. During birth, HIV can be passed on to a baby through blood in the birth canal.
- **Semen and vaginal fluids:** Having unprotected sex with someone who has HIV means you can be exposed to HIV. Unprotected sex is sex without a barrier. The barriers protect you from someone else's blood, semen or vaginal fluids. Examples of barriers are: a condom on a penis, an insertive or “female” condom in the vagina or anus, a dental dam over a vagina, or a glove on a hand. You can use sandwich bags or saran wrap, as long as they don't have vents or holes (the microwaveable kind). Some people believe oral sex isn't risky, but if it involves semen (including pre-cum) or vaginal fluid, there is a risk involved.
- **Breast milk:** HIV is not passed to a baby in the womb. However, HIV can be passed to a baby by breast feeding. With the help of a medical provider, parents living with HIV can have babies who do not have HIV.

What Are Myths About How HIV Is Spread?

HIV cannot be spread through casual contact like kissing, hugging, or holding hands. HIV is not passed on toilet seats. Sharing food or utensils does not spread HIV. HIV is not spread through mosquitoes. HIV is not found in saliva, snot, tears or sweat. HIV is not passed on through spitting, sneezing, or coughing.

What is HIV infection?

HIV infection means that a person has acquired the virus. Some people say they are “HIV positive” (HIV+) or a “Person Living With HIV or AIDS” (PLWHA). People may not feel any symptoms for ten years after acquiring the virus. However, other people living with HIV may have flu-like symptoms during the first 3-6 months. Even if a person feels well, the virus is damaging their body. If they have not been tested and are unaware of their status, they can unknowingly transmit the virus.

You deserve reliable information and steady support. You can live a healthy and long life, with or without HIV. The more you know about HIV disease, the better you can feel about yourself, and the more you can do to help yourself!

What Does HIV Do To My Body?

HIV attacks the body’s immune system. The immune system protects the body from infections and cancer. When the immune system is stressed, someone can get sick from infections that their immune system would usually be able to fight. These infections are called Opportunistic Infections, or OI’s. A weak immune system gives them the *opportunity* to attack. Having one of these infections is a sign that someone with HIV is getting sick. This can lead to someone being diagnosed with AIDS. Not everyone with HIV will end up with an AIDS diagnosis. Thankfully, there are ways that we can fight

Whatever your HIV-status, you can help your immune system by washing hands regularly, exercising, quitting smoking, flossing, and getting enough sleep.

What Are CD4 Cells?

CD4 cells, AKA “T Cells” or “lymphocytes,” are white blood cells in your body. They are also called “T Cells” or “lymphocytes.” They are an important part of the immune system. *HIV damages your immune system by infecting CD4 cells and turning them into HIV factories. When this happens, CD4 cells stop reproducing CD4 cells and start producing HIV cells.* A CD4 cell count is a blood test that measures the number of CD4 cells in one teaspoon of your blood. Someone with a healthy immune system usually has between 500 and 1500 CD4 cells in a teaspoon. The higher your CD4 count, the better your immune system is working. If your CD4 count is low, your doctor may start you on medications to help you fight other infections.

People living with HIV/AIDS should have a CD4 count done 2-4 times a year.

What Is Viral Load?

Viral load is the amount of HIV in your blood. Viral load tests show if the HIV medications are working and give us some information about your risk of getting sicker in the future. You want your viral load numbers to stay low. A lower viral load means less HIV in your blood.

If your test comes back “undetectable,” that means the test cannot detect virus in the blood. This does not mean that you are cured. But it does lower your risk of passing HIV to someone else.

Your test may come back “undetectable,” which means the test can’t find any HIV since there is so little of it in your blood. This means your medicine is working.

Viral load numbers change easily. Small changes in viral load are normal. If you are on anti-HIV meds and your viral

load goes up a lot, talk with your doctor. Your meds might need to change.

What Meds Are Available For HIV+ People?

There are about 36 drugs to fight HIV. These meds stop HIV from making copies of itself. They do not kill or cure HIV. You might hear them called antivirals, antiretrovirals, ARVs, HAART, anti-HIV meds, HIV meds, “regimen” or “your combination.” Some people living with HIV might take different

Why Are HIV Meds Given In Combination?

HIV meds work together to fight the virus. So no one should be on just one HIV med. Most people take three or four HIV meds. Sometimes you can have a single pill that contains two or three different HIV medicines inside of it. Some people also take medications to prevent opportunistic infections (OI's). This is called "prophylaxis," which means "prevention." The key to preventing these OI's is to take the meds even if you feel healthy. This can be hard to do. There are also meds someone might take that are not related to HIV. For example, if someone has an ear infection, the antibiotics to fight it are not related to HIV.

What Are Some Problems With These Meds?

Taking all these meds can be confusing. Some need to be taken with food, some on an empty stomach. Some cannot be taken at the same time as other medications. Some people end up taking medications at many different times of the day. This can be really hard in prison if you have to get your pills at the med line. People may wonder why you go to the med line so many times a day.

What If I Don't Get My Meds On Time?

HIV meds are prescribed with the goal of keeping the level of medication in your body steady, all day every day. If you can't take every med on time, the HIV in your body can become resistant to the meds. HIV resistance can be very dangerous. It means HIV makes copies of itself, even while you are on meds that are supposed to stop this from happening. With HIV, taking only SOME meds can be worse than taking NO meds. Taking your medications exactly as prescribed prevents resistance.

Do everything you can to make sure you take your pills on time. If you go to a med line, go as regularly as possible. If your facility allows "keep-on-person" or KOP (you take your pills back to your cell), make sure you know exactly when to take your pills. Think about what questions CO's or cellmates might ask, and what you will say. If you have problems, ask a doctor or nurse for help.

Can HIV Meds Make Me Feel Sick?

Many people have side effects from HIV meds. If you are experiencing severe side effects, put in a sick call slip immediately. Do not try to treat yourself. Some possible side effects are diarrhea, stomach upset, poor appetite, weight loss, liver damage, kidney stones, and nerve damage in hands and feet. Side effects can make the meds feel like they're not worth the trouble. If you want to keep fighting back against HIV, the meds are the best way to do it. Sometimes you can stop side effects by switching meds. Sometimes you can take another medicine to help with side effects. Other times, side effects will go away after a few months. However, do not try to change your regimen on your own.

Write down any side effects or symptoms you notice, and tell the doctor.

What About Nutrition And Exercise?

Good nutrition can help your body stay strong. Eating enough calories may prevent weight and muscle loss. The best way to make sure that you get all the nutrients that you need is to eat a lot of different foods. HIV and the meds can make eating hard because of upset stomach or loss of appetite. In prison, this can be difficult because you can't choose your meals. This might mean eating food that you don't really enjoy. You can ask the doctor to prescribe a special diet for you with extra portions. Your facility might also have nutritional supplements available. These are usually canned drinks that are high in calories. If you can, you should take a multi-vitamin. It's best to take a multi-vitamin with a meal.

Exercise can help keep you healthy in mind and body. Exercising gives your lungs a workout. This can prevent some respiratory infections. Exercise relieves stress and clears your mind. Your muscles can grow and you can prevent muscle loss caused by HIV meds. Walking, jogging, jumping rope, playing ball, pushups and sit-ups are all good forms of moderate exercise. Any exercise that gets you breathing hard and your heart pumping fast gives you a total body workout.

Nutrition and exercise do not cure HIV. Both help your immune system fight all diseases. Both are important for living a long, healthy life, with or without HIV.

What Else Am I Going To Need?

Prison counselors, parole officers and other officials can help you prepare for life on the outside by ensuring you have identification. You might also need help getting other forms of identification, such as Military Service ID, Passport, educational records, or medic alert information.

Insist that prison officials help you get the forms and documents that are necessary for you to get identification. Start with Social Security Card, Birth Certificate and Photo ID (Driver's License or Non-Driving State ID).

How Can I Get More Information??????

We hope the information in this book is helpful to you. We know it can't answer every question you have. We want to help you get more information on the topics that are important to your health. At the AIDS Library at Philadelphia FIGHT, we respond to health questions from people in prisons across the US. Unfortunately, it can take us a long time to get back to someone. Another downside is that we don't get to ask you more questions. If we did, we'd get a better idea of what you're looking for. We'd also get a chance to teach you how to find the information you need. Many questions we answer are from inmates who have gone on sick call. Sometimes the medical staff doesn't speak in plain language. Sometimes the medical staff doesn't want to answer questions at all. Sometimes someone gets a script for medicine but no information about what the medicine does or what to do if it makes you feel worse. This is a problem that people on the outside also have.

You can write to ask us a medical question you have!
You can also subscribe to Prison Health News (PHN)!
Write to the AIDS Library at 1233 Locust St, 2nd Fl, Philadelphia, PA 19107. We answer questions and send subscriptions to PHN to anyone incarcerated in the US. If you write with questions, please be as clear as possible about what information would help you.

More Tips On Getting Good Information

- **If you don't understand what medical staff says, politely ask them to explain what they mean.**

All medical professionals have a responsibility to help you understand your health. Remind them that you do not have the special training they have.

- **Ask for more literature about the condition, the medicine, or the procedure they are telling you about.**

If they don't have anything to give you, ask them to write down your diagnosis, condition or medicines, so you can look them up later, or have the AIDS Library do research for you.

- **Keep a diary or a log of your health.**

Write down how you feel when you feel it.

- **Use your prison's library as much as possible.**

Librarians, as a profession, connect people with information.

- **Think like a librarian**

Since we can't interview you to get more information, you can help us by thinking like us. We want to know the main subject you're trying to get more information on. We also want to know what level of detail you need. If you have specific questions based on your life experiences, tell us! Your letters are confidential.

- **Expand what your prison library can do**

Many states have programs to help libraries share books. Your prison library can probably participate in this book sharing. Ask your prison librarian about Interlibrary Loan. This can make books in public libraries available to you.

Your prison library should have directories to help you plan for your release. These will connect you with health centers, medical offices, and social services agencies in the city, county or state where you will be going. If the library doesn't have these directories, or if they seem out-of-date, ask your librarian about getting this information online.

**WORDS TO LIVE BY: ADVICE FROM
A FORMER INMATE LIVING WITH HIV**
**A released inmate wrote the following advice
about how to live in prison with HIV. Read over his
words and make them work for you!**

1. Take care of yourself. Make your health your top priority. Ask for what you think you need. Don't wait for someone to take care of you. Advocating for your health is a constant job, especially in prison or jail.
2. Become educated about the virus, your medical condition, medical treatments, and prevention. Find out where you can get HIV-related information while you're in prison and get on that mailing list. If one place doesn't write you back, write them again, but write other places as well. See if the prison library has any good information.
3. Join a prison support group if there is one. If not, see if it's possible to start one. Find someone else who is living with HIV/AIDS in prison who you can trust to talk to.
4. Get to know the doctor or nurse who knows the most about HIV where you are. Ask a lot of questions. Don't take medications if you don't know why you're taking them. Ask about side effects, how your medications interact, and what the medication is supposed to do for you. Make sure that you don't run the risk of developing resistance to your treatment by missing doses. Ask the doctor or nurse to explain any words that you do not understand. Bring in articles you have which may be helpful.
5. Don't miss any dosages. See if there is any way you can keep your meds in your cell. Train yourself to stick to the schedule, no matter how hard that is to do in prison or jail. Drinking or using drugs may make you miss doses, but it is important to stick to the schedule. Also, most of the HIV medication is safe to take while using if you're not ready to stop using. The important thing is to keep the dose schedule.

WORDS TO LIVE BY, CONTINUED

6. Don't wait to deal with having the virus. Get tested, and if you are HIV positive, search for any information that you can get your hands on.

7. Before you are released, try to make arrangements to see an HIV doctor on the outside as soon as you get out. Try to get the prison/jail medical department to mail your records to your new doctor, or at least write up a medical summary (see the center of this booklet). Keep this form with you at all times if you can. If you are being released from a Pennsylvania State Correctional Institution, make sure you are given a 30 day supply of your medication and your medical summary from the medical department. If you can't get your medication or make an appointment with a HIV doctor when you're discharged, go to the emergency room right away.

8. Don't take "No" for an answer. Be persistent, but not too persistent. Remember that you can get more if you are nice to the people that you need to be nice to. Use proper prison channels to complain.

9. Don't get anyone else infected. Learn how to prevent HIV and only do the things that are safe.

10. Keep a positive attitude. Having HIV doesn't mean you are going to get sick or die in prison or jail. Make sure you follow up on all test results. Sometimes the results are not forthcoming if you don't pursue them.

11. People around you, either CO's or inmates, may not understand what you are dealing with. Don't let them negatively affect you.

12. After you get out, there are places that can help you get back on your feet, but it will require hard work on your part.

13. Find support while inside. The law might be more on your side than you realize. Use the grievance system. Explore the prison law library. Use it well and use it your advantage.

PLANNING FOR WHEN YOU GET OUT: CONTINUING YOUR MEDICAL CARE

Finally, you are getting close to going home! You've served your time. There are a lot of things to think about. Where will you live? Will you get a job? Are you going to be able to get Social Security or Medical Assistance? How will you continue to get medical care for your HIV? Where is a good , medical provider you can see? What happens if you can't pay for medical care? How can you make sure that you won't miss any medications? Does your prison or jail give you a supply of medications; a medical discharge summary and/or the name of a doctor to see once you are out? There is a lot to plan for.

If you are being released to Philadelphia, Philadelphia FIGHT's Institute for Community Justice (ICJ) can help you with your discharge planning.

ICJ | 1207 Chestnut
Street, 2nd Floor,
Philadelphia, PA 19107
| 215-525-0460 |
www.fight.org

The resource guide at the back of this book lists some national organizations, if you are not being released to Philadelphia. You can also contact the AIDS Library of Philadelphia and we will do what we can to find you an appropriate referral, wherever you are going.

When you leave, keep taking your meds. Find a medical provider who is an expert at treating people living with HIV. Talk to the medical department before you are released. Ask them to fill out the medical summary that we have included as the center page in this book. It asks for some basic information about your health and your meds.

Every HIV+ person leaving prison should get:

- 1) A written summary of your medical care inside, with test results, symptoms and a list of meds, if applicable**
- 2) Enough meds to last until you see your new doctor and get a new prescription filled, if applicable**
- 3) An appointment with a doctor who will see you when you get out or a phone number to call when you get out.**

PLANNING FOR WHEN YOU GET OUT EVERYONE HIV+ LEAVING PRISON SHOULD GET:

1: A Written Summary of Your Medical Care

This is very important! In particular, your new medical provider will want to know the names and dosages of your medications; your most recent CD4 and viral load test results; your lowest CD4 and your highest viral load, and the dates of these tests; and any opportunistic infections and hospitalizations while in prison. If your medical provider in prison has changed your medications, write down when they were changed and why (for example: bad side effects, resistance, etc). This will help your new doctor know what medications work for you. Even if you think you will be able to remember them, write it down just in case. Ask a nurse or doctor to go over this information with you. We included a medical summary to make this easier for you.

2: A Supply of Your Meds on Release

Getting HIV meds to take once you are released will help you avoid missing doses, and avoid HIV resistance. Not all institutions will give you a supply. Check with the medical unit. State prisons in Pennsylvania should give 30-day supply of HIV meds. As you get close to your release, remind the medical department that you will be leaving soon. On the day that you are released, go to the medical department to pick up your medications. It can be easy to forget to go when you are so happy to be leaving. Those 30 days of medication are VERY important. If you are in a county jail, talk to medical staff about whether you can take a supply of medications with you to last until your appointment on the outside. If you leave with a supply of your meds, make sure you understand how and when to take each pill. Have the prison nurse or doctor write down instructions, if that would help you.

3: An Appointment with an HIV Doctor

Once you are out, you'll need to see a doctor who is experienced in treating people living with HIV ("HIV Specialist"). The sooner you see this person the better. In Philadelphia, everyone living with HIV can see an HIV specialist, regardless of their ability to pay for it. But if you are like most people in prison, you don't know the name of any HIV doctors. Ask the nurse or doctor to help you contact an HIV specialist's office. If the medical department won't help, see if your counselor or social worker will make the call for you. ***Make an appointment for as soon as you can after you get out.*** This is especially important if you are leaving a jail ***without*** a supply of medications to hold you over. It might be a few weeks before you can get an appointment, so start early!

This center page is intended for you to pull out. It is a form so all your medical information is in one place when you are discharged. The prison medical staff might also have their own form to give your new medical provider. Ask them for a paper copy for yourself as well. It is often very hard to get medical records from a prison once you are released. If you don't have a medical summary, your new medical provider may have to run tests before they start you on treatment. This can mean that you miss more doses.

For Provider Completing This Discharge Summary:

Signature: _____
Printed Name: _____
Title: _____
Phone Number: _____
Address: _____

Space for Notes:

STEP TWO - MEDICATIONS

1. History of ARVs and Dates? Why did they change?

2. Did you get resistance testing? (Please attach documentation)
List ALL current prescriptions – all medications for all medical issues:

Name of Medication	Date Started	Dose information
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Do you have a supply of every medication listed above?

Yes _____

No _____

If "No" make sure you have the medications before you leave.

STEP ONE – MEDICAL SUMMARY

Do you have a copy of your medical discharge summary from the medical staff?

Yes _____

No _____

If “No” ask them to give you one before you leave
Use this form if they don’t have one.

HIV Antibody + Test Date _____

AIDS Diagnosis Date, if applicable _____

CD4 Test	
Date of most recent test	_____
CD4 Count at that time	_____
Date of lowest ever CD4 count	_____
CD4 Count at that time	_____

Viral Load Test	
Date of most recent test	_____
Viral Load Count at that time	_____
Date of highest ever viral load	_____
Viral Load Count at that time	_____

Any **vaccines** administered while in jail/prison:

Other important medical documentation/imaging (chest xrays, mammograms, etc..)

STEP THREE – APPOINTMENT WITH A MEDICAL PROVIDER AFTER DISCHARGE

Do you have an appointment with a doctor in the area where you're returning?

Yes _____ No _____
If "No" make one as soon as possible. You don't want to have to wait.

- * If you are HIV-positive:
 - * For Philadelphia, call AACO's Health Information Helpline **800- or 215-985-2437**
 - * For other places in Pennsylvania call **800-848-3367**.
 - * For other states, call CDC-INFO at **800-232-4636** or the HIV Medical Association at **888-844-4372**.
- * If you are not HIV-positive, call HRSA to find a health center at **866-944-2273**

AFTER APPOINTMENT HAS BEEN MADE:

Date: _____
 Time: _____
 Address: _____
 Phone: _____
 Contact Person: _____

PHILADELPHIA RESOURCES

MEDICAL CARE

If you are HIV+ and returning to Philadelphia:

Jonathan Lax Treatment Center **215-790-1788**
1233 Locust St, 5th Fl, Philadelphia, PA 19107 | Lifelong primary care from HIV specialists. You can get seen faster if you say on your first phone call that you are recently released or planning to be. They see anyone living with HIV regardless of ability to pay. Unfortunately they cannot accept collect calls.

Health Information Helpline **800-985-2437** or **215-985-2437**
Call for referrals to all HIV specialists in the Philadelphia area.

If you are HIV+ and returning to Pennsylvania:

CHOICE Hotline **800-662-6080**

If you are HIV+ but not returning to Pennsylvania:

CDC-INFO (Centers for Disease Control) **800-232-4636**
A national hotline for health information, including HIV medical providers. Press option #1. This line is staffed 8am-8pm, Mon-Fri, in Spanish and English. You can also get information on medical conditions you might be living with other than HIV.

Project Inform **800-822-7422**
An AIDS service organization based in San Francisco with a national directory of medical providers and helpful agencies.

If you are HIV-negative and returning to other areas:

Health Center Finder **877-464-4772**
Or online at findahealthcenter.hrsa.gov/Search_HCC.aspx

CASE MANAGEMENT

Case managers help clients access needed services, like benefits, mental health, transportation and food. Some HIV doctors provide case management on site. If your doctor does not, call Philadelphia's Health Information Helpline below for an appointment with an HIV case manager. There is no national resource for HIV case management. Case management for HIV-negative people is usually accessed through services such as mental health, housing, or recovery programs.

Health Information Helpline **800-985-2437** or **215-985-2437**

PHILADELPHIA RESOURCES

RE-ENTRY

Institute for Community Justice (ICJ) | 1207 Chestnut Street, 2nd floor, Philadelphia, PA 19107 | 215-525-0460 | www.fight.org | ICJ is a program for people who have been incarcerated and have come back to Philadelphia. They offer a re-entry drop-in center on weekday afternoons, GED and computer classes, educational and supportive programs, and much more.

Kingdom Care Re-entry Network (KCRN) | 1606 Mifflin St, Philadelphia, PA 19145 | 215-334-3343 | Trains and provides personal volunteer mentors for former prisoners.

Pennsylvania Prison Society | 245 N. Broad St, Suite 300, Philadelphia, PA 19107 | 215-564-6005 | Provides former prisoners with assistance in the transition from corrections to the community, including finding employment. A support group held the second Tuesday of the month from 4pm-6pm offers people with a loved one behind bars an opportunity

RISE (Mayor's Office of Re-Integration Services For Ex-offenders) 34 S. 11th St, 6th Fl, Philadelphia, PA 19102 | 215-683-3370 | RISE offers reentry services for people getting out of prison. Walk-in Monday-Friday 10am-1pm.

ACTIVISM AND ADVOCACY

Activism is the process of working with others to build your group's power, so you can put the change you want to see into place. Advocacy is the act of arguing in favor of something on behalf of a person, group, or idea.

ACT UP Philadelphia (AIDS Coalition to Unleash Power) | PO Box 36697, Land Title Station, Philadelphia, PA 19110 | 215-386-1981 | actupphilly.org | Organizes non-violent direct action to stop the AIDS epidemic. General meetings every Monday at 6pm at St. Luke's Church, 330 S. 13th St, Philadelphia, all are welcome.

Decarcerate PA | PO Box 40764, Philadelphia, PA 19107 | 267-217-3372 | Coalition of organizations and individuals seeking an end to mass incarceration and the harm it brings our many communities. The Philly chapter meets the fourth Monday of every month from 6pm-8pm at The Friends Center on 1501 Cherry Street, Philadelphia PA. To find out more give us a call. You can also email us with any questions at arceratePA@gmail.com.

ACTIVISM AND ADVOCACY CONTINUED

Exit-Us | PO Box 7691, Philadelphia, PA 19101 | 215-626-1915 | exitusreentry.org | Through progressive advocacy, collective leadership, and support system development, Exit-Us works to empower returning citizens and their families to become transformational ambassadors prepared to dismantle the prison plantation industry.

Human Rights Coalition | 4134 Lancaster Ave, Philadelphia, PA 19104 | 267-293-9169 | Group of prisoners' families, former prisoners, and supporters.

Power concedes nothing without a demand. It never did, and it never will.
–Frederick Douglass

Mothers in Charge | 1415 N. Broad St, Suite 229, Philadelphia, PA 19122 | 215-228-1718 | Violence prevention, education and grief support for youth, young adults, families and community organizations affected by violence.

Positive Women's Network-USA-Philly | C/o 1233 Locust St. 3rd Fl. Philadelphia, PA 19107 | 267-345-8424 | (PWN-USA) is a national membership body of HIV-positive women, inclusive of transgender and cisgender women, working to achieve HIV policies and programs grounded in gender equity and human rights.

Project TEACH Outside at ICJ | 1207 Chestnut Street, 2nd Fl., Philadelphia, PA 19107 | 215-525-0460 x405 | Project TEACH Outside is an educational program for formerly incarcerated people living with HIV. The 5 week class teaches HIV treatment and prevention, medical advocacy, and activism. To enroll, fill out an application and complete an interview. Call for information.

Reconstruction, Inc | 1808 W. Tioga Ave #101, Philadelphia, PA 19140 | 215-223-8180 | Networks of peer support, grassroots revitalization and community development, and activism and advocacy to abolish the practice of life without parole.

X-Offenders for Community Empowerment | 2227 N. Broad St., Philadelphia, PA 19132 | 215-668-8477 | Embraces former prisoners on their return from incarceration, and assists qualified individuals through the pardon process.

CRISIS HOTLINES

Behavioral Health Special Initiative (BHSI) | 215-546-1200 | Approves substance use treatment for people without insurance.

These programs provide referrals for people in crisis, particularly related to mental health or

Community Behavioral Health (CBH) | 888-545-2600 | Approves substance use treatment for people with medical assistance.

Covenant House Runaway “9-line” | 800-999-9999 | Catholic-based emergency shelter and assistance for youth.

GLBT National Hotline | 888-843-4564 | **Youth** 800-246-7743 |

National HIV/AIDS Prevention Information Network | 800-458-5231 |

National Suicide Prevention Lifeline | 800-273-8255 |

Philadelphia Suicide and Crisis Intervention | 215-686-4420 | Approves involuntary commitment, authorization to emergency services, and coordinates mobile emergency team.

Project HOME | 215-232-1984 or 877-222-1984 | The street outreach team assists people in finding shelter. 215-320-6184 for Spanish language.

Women Organized Against Rape (WOAR) | 1617 JKF Blvd., 1 Penn Center, Suite 1100, Philadelphia PA 19103 | Hotline 215-985-3333 | Support services to survivors of sexual assault and their families.

EDUCATION

Center for Literacy | 339 Market St, Suite 201, Philadelphia, PA 19106 | 215-474-1235 | Offers adult basic and literacy education, workforce initiatives, GED programs, and other initiatives.

Project TEACH Outside at ICJ | 1207 Chestnut Street, 2nd Fl., Philadelphia, PA 19107 | 215-525-0460 x405 | Project TEACH Outside is an educational program for former prisoners living with HIV. The 5 week class teaches HIV treatment and prevention, medical advocacy, and activism. To enroll fill out an application and complete an interview. Call for information.

EMPLOYMENT

Action AIDS Center City: Positive Action Vocational Program | 1216 Arch St, 6th Fl, Philadelphia, PA 19107 | 215-981-0088 | Workforce preparation, resume assistance, and more.

Baker Industries | 3506 F St, Philadelphia PA 19134 | 215-291-5700 | Provides vocational rehabilitation through on-the-job training for former prisoners, recovering substance users, and people with disabilities.

Connection Training Services Reentry Program
| 2233 W. Allegheny Ave, 2nd Fl, Philadelphia, PA 19132 | 215-320-5520 | Specializes in serving the employment needs of ex-offenders. Our clients receive basic computer usage, life, interpersonal and time management skills training, valued certification programs, vocational skill training (plumbing, fiber optics, weatherization), case management and other services. To qualify, someone must have been released from a state or county prison within the past year and have no sexual offenses in their background.

JEVS – Jewish Employment and Vocational Service | 1845 Walnut St, 7th Fl, Philadelphia, PA 19103 | 215-854-1800 | Enhances the employability and self-sufficiency through education, training, health and rehabilitation programs. You do not need to be Jewish to access services.

Office of Vocational Rehab | 444 N. 3rd St, 5th floor, Philadelphia, PA 19123 | 215-560-1900 or 800-442-6381 | OVR provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment.

Pennsylvania Prison Society | 245 North Broad St, Suite 300, Philadelphia, PA 19107 | 215-564-6005 | Provides former prisoners with assistance in the transition from corrections to the community, including finding employment.

Philadelphia Works, Inc. 1617 JFK Blvd, Philadelphia, PA 19103 | 215-963-2100 | Provides job training and job placement assistance to persons with barriers to employment such as low literacy, criminal backgrounds, or homelessness.

EMPLOYMENT CONTINUED

Philadelphia Unemployment Project | 112 N. Broad St, 11th Fl, Philadelphia, PA 19102 | 215-557-0822 | Our center helps people win unemployment cases, save their houses, and get access to health care.

Resources for Human Development | 4700 Wissahickon Ave, Suite 126, Philadelphia, PA 19144 | 215-951-0300 | Job training, among other services.

FOOD

BEBASHI: Transition to Hope | 1217 Spring Garden St, 1st Fl, Philadelphia, PA 19123 | 215-769-3561 | Access to a food cupboard through a referral from a case manager.

Broad St Ministry | 315 S. Broad St. | 215-735-4847 | An inclusive congregation with regular meals and other services.

Congreso de Latinos Unidos | 216 W. Somerset St, Philadelphia, PA 19133 | 215-763-8870 | Congreso's mission is to strengthen Latino communities through social, economic, education, and health services.

Food Resource Guide | www.pcacares.org/foodresources | This is an outdated but sometimes useful online resource

Greater Philadelphia Coalition Against Hunger | 1725 Fairmont Ave. Unit 102 | 215-340-0556 | Hotline offering information about food stamp eligibility and enrollment

Intercultural Family Services (ICFS) | 4225 Chestnut St, Philadelphia, PA 19104 | 215-386-1298 | Food help, among many other services, including: education, family services, housing, counseling, job development, and youth.

MANNA (Metropolitan Area Neighborhood Nutrition Alliance) | 2323 Ranstead St, Philadelphia, PA 19103 | 215-496-2662 | Wellness through nutrition for people with life-threatening illnesses, including HIV/AIDS.

Mazzoni Center | 21 S. 12th St, Philadelphia, PA 19107 | 215-563-0652 | Access to a food cupboard through a referral from a case manager.

FOOD CONTINUED

People's Emergency Center | 325 N. 39th St, Philadelphia, PA 19104 | 215-382-7522 | Food services on Saturday 11am-4pm with picture ID and proof of income for adults and Social Security or medical card for children.

Philabundance Food Hotline | 800-319-3663 | Call to find a program in your neighborhood, in English or Spanish.

HOUSING—EMERGENCY INTAKES

Appletree | 1430 Cherry St, Philadelphia, PA 19102 | 215-686-7150 | Weekday (Monday-Friday 7am-3pm) emergency housing intake for single women and families.

Covenant House | 888-829-1249 | 800-999-9999 | Crisis youth services, including temporary housing for youth.

Lutheran Settlement | 215-426-8610 | Family shelter.

Office of Supportive Housing | Front Desk 215-686-7175 |

People's Emergency Center | 215-382-7522 | Shelter for women, children and teen girls. Call first.

Project HOME Street Outreach Hotline | 215-232-1984 | 877-222-1984 | The street outreach team assists people in finding shelter; longer term housing is available.

Red Shield | 715 N. Broad St, Philadelphia, PA 19123 | 215-787-2887 | After-hours (Mon-Fri after 4pm, weekends and holidays) emergency housing intake center for families.

Gaudenzia | 48th and Haverford Ave | 215-471-2017 | After-hours (Mon– Fri after 4pm, weekends and holiday) emergency housing intake center for single women.

Roosevelt Darby | 802 N. Broad St. | 215-685-3700 | Weekday (Mon-Fri 7am-3pm) emergency housing intake for single men.

Station House | 2601 N. Broad St. | 215-225-9235 | After-hours (Weekdays after 4pm, and on weekends and holidays) emergency housing intake for single men.

HOUSING—PRIVATE SHELTERS AND RECOVERY

Bethesda Project | 1630 South St, Philadelphia, PA 19146 | 215-985-1600 | Offering permanent and temporary shelter for those affected by addiction, mental illness, and disabilities.

Catholic Social Services | Information and Referral 267-331-2490 | Administers many housing services.

Good Shepherd | 215-569-1101 | For homeless, medically fragile men living with HIV/AIDS.

Gaudenzia | Philadelphia Referrals 215-238-2150 | Many recovery sites in Pennsylvania, Delaware, and Maryland.

Horizon House | 120 S. 30th St, Philadelphia, PA 19104 | 215-386-3838 | Housing for homeless adults with psychiatric or developmental disabilities and drug or alcohol addictions.

Mercy Hospice | 215-790-7540 | Transitional housing for women.

Minute by Minute | 2562 N. 18th St, Philadelphia PA 19132 | 215-223-8996 | Transitional housing for men and women. Consumer may start intake process.

Morris House | 215-729-3045 | Long-term residential recovery treatment center facility for transgender individuals.

Office of Addiction Services | 215-685-5403 | Funds and monitors 21 recovery houses.

One Day at A Time (ODAAT) Drop-in Center | 2404 West Lehigh Avenue, Philadelphia PA | 215-226-7860 | Drug recovery counseling, transitional housing and much more.

Red Shield | 715. N. Broad Street, Philadelphia, PA | 215-787-2887 | Intake for families after weekday hours (after 4pm) and on weekends and holidays.

STOP: Sobriety Through Outpatient | 2534-36 N. Broad St. | 215-227-7867 | Outpatient and intensive outpatient (IOP) substance abuse, co-occurring disorders, mental health and DUI services for men and women, 18 years of age or older.

Sunday Breakfast | 302 N. 13th St | 215-922-6400 | Clean and sober shelter.

St. John's Hospice | 215-563-7763 x26 | Homeless men's shelter.

HOUSING—LONGER-TERM AND INDEPENDENT

Calcutta House | 1601 West Girard Ave, Philadelphia, PA 19130 | 215-684-0480 | Housing and supportive services, including nursing and personal care for adults with AIDS.

COMHAR: CASSAH and COMPASS | 100 S. Broad St, Suite 1430, Philadelphia, PA 19110 | 215-569-8414 | CASSAH provides rent-subsidized housing for people with HIV/AIDS and serious and persistent mental illness. COMPASS offers supported independent living for people living with mental health issues and HIV who are chronically homeless.

Habitat for Humanity | 1829 N. 19th St. Philadelphia, PA 19121 | 215-765-6000 | Offers a home ownership program for low-income individuals and families.

Health Information Helpline | 800-985-AIDS(2437) | Provides Housing Services Program with subsidized housing for people living with AIDS who have an HIV case manager.

Mid City Apartments | 2025 Chestnut St, Philadelphia PA 19103 | 215-988-5495 | Offers subsidized rental units for low-income women. Consumer may initiate application process.

Office of Supportive Housing | Front Desk 215-686-7175 | Homeless Prevention services provide financial assistance to prevent homelessness. Rapid re-housing provides financial assistance to move homeless households in emergency or transitional housing back into the community.

Philadelphia Council for Community Advancement | 1617 JFK Blvd, Suite 1550, Philadelphia PA 19103 | 215-567-7803 | Offers free comprehensive housing counseling services for individuals and families.

Philadelphia Housing Authority (PHA) | 12 S. 23rd St, Philadelphia, PA 19103 | 215-684-4000 | Offers conventional housing opportunities and the subsidized “Housing Choice” (formerly Section 8) program.

Station House Apartments | 2601 N. Broad St, Philadelphia, PA 19132 | 215-227-4086 | Offers subsidized SRO units to low-income people. Consumer may initiate application process.

INTERNET ACCESS

AIDS Library | 1233 Locust St, 2nd Fl, Philadelphia, PA 19107 | 215-985-4851 | The AIDS Library has a computer lab open 1pm-5pm on Monday, Wednesday and Friday, and open 1pm-7pm on Tuesday, and Thursday. We also answer health and resource questions.

Critical Path Digital Inclusion Project at Philadelphia FIGHT | 1233 Locust St, 3rd Fl, Philadelphia, PA 19107 | 215-985-4448 | Critical Path provides open computer lab time.

Institute for Community Justice (ICJ) | 1207 Chestnut Street, 2nd Fl., Philadelphia, PA 19107 | 215-525-0460 | ICJ has an open computer lab.

LEGAL SERVICES

AIDS Law Project of Pennsylvania | 1211 Chestnut St, Suite 600, Philadelphia, PA 19107 | 215-587-9377 | Service primarily by telephone. Free legal services to people with HIV/AIDS. They do not handle criminal cases. Spanish translation available.

Community Legal Services, Inc. | 1424 Chestnut St, Philadelphia, PA 19102 | 215-981-3700 | Second office at 1410 W. Erie Ave., Philadelphia, PA 19140 | 215-227-2400 | Specializes in employment problems, employment problems with criminal records, problems with landlord, public housing, DHS, SSI disability benefits, and problems with utilities.

These programs are staffed by attorneys who offer guidance regarding legal matters. Just like with medical care, don't base decisions on advice from those who have no training.

Defender's Association | 1441 Sansom St, Philadelphia PA 19102 | 215-568-3190 | Provides legal assistance for poor criminal defendants in the Philadelphia Court system.

LEGAL SERVICES CONTINUED

Homeless Advocacy Project | 1429 Walnut Street 15th Fl.
| 215-523-9595 | 800-837-2672 | Meet the legal and advocacy
needs of homeless individuals and families in Philadelphia.
Please call for information about intake, which is provided at
legal clinics in soup kitchens and shelters.

Philadelphia Legal Assistance | 718 Arch st suite 300N | 215
-981-3800 | Offers free help for low-income Philadelphians.
Please call for walk-in hours.

Pennsylvania Institutional Law Project | 215-925-2966 |
Attorneys at the Pennsylvania Institutional Law Project can
provide advice or representation to incarcerated parents
seeking additional contact with their children.

Temple Legal Aid | 215-204-1800 | Free legal services for low
-income people.

MENTAL HEALTH CARE

Behavioral Health Special Initiative (BHSI) | 215-546-1200 |
Approves substance use treatment for people without
insurance.

Community Behavioral Health (CBH) | 888-545-2600 |
Approves substance use treatment for people with medical
assistance.

COMHAR | 100 S. Broad St, Suite 1430 Philadelphia, PA
19110 | 215-569-8414 | Mental health care for the community,
including people living with HIV.

National Suicide Prevention Lifeline | 800-273-8255 |

Philadelphia Suicide and Crisis Intervention | 215-686-
4420 | Approves involuntary commitment, authorization to
emergency services, and coordinates mobile emergency unit.

**Having problems with mental health or substance
use can get you in the door to housing. Be
mindful that detox is not a housing plan, but it can
help someone stabilize so they can find housing.**

RECOVERY AND SUBSTANCE USE SERVICES

Philadelphia Department of Human Services (DHS)

| 215-683-4347 | This DBH program provides recovery coaching, peer mentoring, life skills, and many other educational and supportive services.

ACT One (Achievement Through Counseling and Treatment)

| 5820 Old York Road, Philadelphia, PA 19141 | 215-276-8400 | Methadone maintenance clinic offering counseling, family, inpatient and outpatient services.

ACT Two (se habla español) | 1745 N. 4th St, Philadelphia, PA 19122 | 215-236-0100 |

Alcoholics Anonymous, Southeast PA InterGroup | PO Box 2514, Cherry Hill, NJ 08034 | 856-486-4446 |

Asociación de Puertorriqueños en Marcha (APM)

4301 Rising Sun Ave, Philadelphia, PA 19104 | 267-296-7200 | Prevention, medical, and mental health services to Latino/a residents in Philadelphia, and Spanish-speaking prisoners.

Behavioral Health Special Initiative (BHSI)

| 801 Market St, Suite 7200, Philadelphia, PA 19107 | 215-546-1200 | Authorizes treatment and recovery support services for Philadelphia residents who are uninsured or under-insured.

Bridge Treatment Program

| 1100 Adams Ave, Philadelphia, PA 19124 | 215-342-5000 | A substance use treatment program with outpatient services for people of all ages.

Community Council for Health Systems

| 4900 Wyalusing Ave, Philadelphia, PA 19131 | 215-473-7033 | Evaluates persons for mental health, mental retardation and substance abuse problems.

Consortium

| 5501 Chestnut St, Philadelphia, PA 19104 | 215-748-8400 | Provides substance abuse counseling, support groups, and mental health services.

Frankford/AL-ASSIST Behavioral Healthcare Center

4510 Frankford Ave, 1st Fl, Philadelphia, PA 19124 | 215-831-9882 | 888-296-4742 | Mental Health Treatment, Alcohol & Substance Abuse Treatment, HIV/AIDS Testing.

RECOVERY AND SUBSTANCE USE SERVICES CONTINUED

Gaudenzia / People With Hope | 1306 Spring Garden St, 8th Fl., Philadelphia, PA 19123 | 215-238-2163 | Residential treatment for HIV symptomatic people with drug and alcohol problems.

Girard Medical Center | 801 West Girard Avenue, Philadelphia, PA 19122 | 215-787-2000 | 215-787-9000 | Hospital-level drug and alcohol detoxification and rehabilitation services.

GPHA/AL-ASSIST Behavioral Healthcare Center | 1401 S. 4th St, 2nd Fl., Philadelphia PA 19147 | 215-339-1070 | 888-296-4742 | Mental health treatment, alcohol and substance abuse treatment, HIV testing.

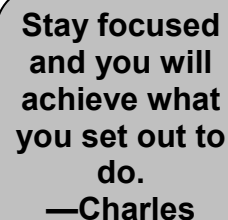
Minute by Minute | 2562 N. 18th St, Philadelphia PA 19132 | 215-223-8996 | Recovery program offering transitional housing. Consumer may initiate intake process.

Narcotics Anonymous | 7215 A Rising Sun Ave, 1st Fl, Philadelphia, PA 19111 | Greater Philadelphia Regional Service Office 215-745-9494 | A resource for meetings and sponsorship.

New Pathways for Women | 2539 Germantown Ave, Rear Unit, Philadelphia, PA 19133 | 215-225-5800 | Help stopping drug use, free and confidential HIV testing, in English and Spanish, Monday through Thursday from 10am-3pm, help with medical care, food, clothing, and other supportive services.

Northeast Treatment Center | 499 North 5th St, Philadelphia, PA 19123 | 215-451-7000 | Inpatient center for adult males with a 6 to 9 month stay for drug and alcohol problems. Program to help released prisoners or those on parole who were imprisoned for drug offenses.

One Day at A Time (ODAAT) Drop-in Center | 2404 West Lehigh Avenue, Philadelphia PA, 19132 | 215-226-7860 | Drug recovery counseling, transitional housing and much more.



**Stay focused
and you will
achieve what
you set out to
do.
—Charles**

RECOVERY AND SUBSTANCE USE SERVICES CONTINUED

Prevention Point Philadelphia | 166 W. Lehigh Ave, Lower Level, Philadelphia, PA 19133 | 215-634-5272 | Prevention Point promotes harm reduction through syringe exchange, medical care, social services, support and educational groups, and referrals to drug treatment. Mobile unit offers streetside health care; call for its daily location.

Rehab After Work | 1420 Walnut St, Suite 500, Philadelphia, PA 19102 | 610-644-6464 | 800-238-HELP (4357) | Intensive outpatient programs for drug and alcohol treatment.

RESEARCH / CLINICAL TRIALS

Philadelphia FIGHT / Lax Center (See page 2 for description)
|1233 Locust St, 5th Fl, Philadelphia, PA 19107 | 215-790-1788 |

**University of Pennsylvania
Adult Clinical Trials Unit
and Center for AIDS**

Research | 3610 Locust Walk, 502 Johnson Pavilion, Philadelphia, PA 19104 | 215-349-8091 | The Penn ACTU carries out clinical trials studying new treatments for HIV infection and AIDS-related infections. **CFAR** | 522 Johnson Pavilion, 3610 Hamilton Walk, Philadelphia, PA 19104 | 215-573-7354 | CFAR fosters basic, clinical, social and integrated HIV/AIDS research.

HIV clinical trials are controlled experiments to develop HIV treatment. Clinical trials have improved treatment over the years. Clinical trials of new meds that haven't been approved yet are an option for people who have HIV that is resistant to many medications. As with any trial, the more money they offer you, the higher the risk.

SPANISH LANGUAGE HOTLINES

Spanish language services are placed throughout the guide; these are Spanish-specific hotlines for information and referral.

Línea de Elección (CHOICE)
Línea de CDC
Línea del SIDA en Español

En español: 215-985-3350
Llamada Gratis: 800-232-4636
Teléfono: 800-233-SIDA (7432)

SUPPORT GROUPS

Action AIDS | 1216 Arch St, 6th Fl, Philadelphia, PA 19107 | 215-981-0088 | Immediate Seating 215-981-3362 | ActionAIDS works with people living with HIV and their loved ones. Immediate Seating offers free tickets to cultural and entertain events for people living with HIV.

Alcoholics Anonymous, Southeast PA InterGroup | PO Box 2514, Cherry Hill, NJ 08034 | 856-486-4446 |

Asociación de Puertorriqueños en Marcha (APM)
4301 Rising Sun Ave, Philadelphia, PA 19104 | 267-296-7200
| Prevention, medical, and mental health services to Latino/a residents in Philadelphia, and Spanish-speaking prisoners.

BEBASHI: Transition to Hope | 1217 Spring Garden St, 1st Fl, Philadelphia, PA 19123 | 215-769-3561 | Blacks Educating Blacks About Sexual Health Issues, many services offered.

GALAEI | 149 West Susquehanna Avenue, Philadelphia PA 19122 | 267-457-3912 | 866-222-3871 | Gay and Lesbian Latino/a AIDS Education Initiative, many services offered.

Institute for Community Justice (ICJ) | 1207 Chestnut Street, 2nd floor, Philadelphia, PA 19107 | 215-525-0460 | Offers a re-entry drop-in center, GED and computer classes, educational and supportive programs, and much more.

Mazzoni Center | 21 S. 12th St, Philadelphia, PA 19107 | 215-563-0652 | Support groups, counseling and health care services for LGBT communities.

Narcotics Anonymous | 7215 A Rising Sun Ave, 1st Fl, Philadelphia, PA 19111 | 215-745-9494 | A resource for meetings and sponsorship.

Philadelphia FIGHT | 1233 Locust St, 3rd Fl, Philadelphia, PA 19107 | 215-985-4448 | Services to people living with HIV, including support groups and education.

SUPPORT GROUPS CONTINUED

Siloam Ministries | 1133 Spring Garden St, Philadelphia, PA 19123 | 215-765-6633 | HIV/AIDS wellness through spirituality.

Women In Transition | Lifeline Telephone Counseling Monday -Friday 9am-5pm 215-751-1111 | Services for individuals who are surviving domestic violence and/or substance abuse.

TESTING—HIV

<u>AACO's Health Information Helpline</u>	800-985-2437
<u>CDC-INFO</u>	800-232-4636
<u>CHOICE Hotline of Philadelphia</u>	800-848-3367

TRANSPORTATION

Medical Assistance Transportation Program (MATP)/ Logisticare | 520 N. Delaware Ave., Suite 801, Philadelphia, PA 19123 | 267-515-6400 | 877-835-7412 | Provides transportation for medical and other vital appointments for clients of Ryan White Title I programs and medicaid.

PATCO (Port Authority Transportation Company) Reduced Fare Program | Monday-Friday 7am-7pm 877-373-6777

SEPTA Paratransit | 1234 Market St, 4th Fl., Philadelphia, PA 19107 | 215-580-7145 | Service for people with disabilities.

RESOURCES OUTSIDE OF PHILADELPHIA

AIDSNet | 2200 Avenue A, Suite 102, Bethlehem, PA 18017 | 610-882-1119 | Prevention, education, human services and housing to those people infected/affected by HIV/AIDS and those who are at risk in a six-county region.

AIDS Care Group-Chester | 2304 Edgemont Ave, Chester, PA 19013 | 610-872-9101| **AIDS Care Group-Sharon Hill** | 907 Chester Pike, Sharon Hill, PA 19079 | 610-583-1177 | ACG Provides HIV-related medical, case management, women's services, and nutritional services. HIV testing, support groups, transportation and emergency food offered.

RESOURCES OUTSIDE OF PHILADELPHIA CONTINUED

Coordinated Homeless Outreach Center (CHOC) | RHD
CHOC, rear of Building 53, Norristown Hospital, 1001 Sterigere
St, Norristown, PA 19401 | 610-292-9244 | Housing, education,
medical attention, and behavioral health. Clients have access to
phones, lockers, showers, laundry. Montgomery County only.

Dooley House, Inc. | 517-521 Cooper St, Camden, NJ 08102 |
856-541-9598 | Transitional home for HIV+ adults.

First Call for Help Bucks County | 215-949-1660 x7 |

Gaudenzia Recovery | Suburban Philadelphia 610-429-1414 |
Central Pennsylvania 888-237-8984 | Delaware 302-737-4100

House of Joseph II | 9 W. 18th St, Wilmington, DE 19802 | 302-
594-9473 | Housing medically fragile people with HIV/AIDS.

Planned Parenthood | 800-230-PLAN (7526) | Planned
Parenthood serves the sexual health needs of people of all
genders. Call their national line for the location nearest you.

Rehab After Work | 800-238-HELP (4357) | Intensive outpatient
programs for drug and alcohol treatment in many locations.

Salvation Army
101 E Market St, West Chester, PA 19380 | 610-696-8746 |
137 King St, Pottstown, PA 19464 | 610-326-1621 |
1865 Harrison Ave, Camden, NJ 08105 | 856 379-6900 |

Valley Forge Medical Center and Hospital | 1033 West
Germantown Pike, Norristown, PA 19403 | 610-539-8500 |
888-539-8500 | Inpatient
addiction treatment, in
English and Spanish.

**There are more organizations
outside of Philadelphia than
we can list. Contact the AIDS
Library for more information,
even outside of the
Philadelphia area.
AIDS Library | 215-985-4851**

RE-ENTRY BASICS

Institute for Community Justice (ICJ)

| 1207 Chestnut Street, 2nd Fl.,
Philadelphia, PA 19107 | 215-525-0460
| Offers a re-entry drop-in center, GED
and computer classes, educational,
supportive programs, and more.

Medical care
and re-entry
resources are
on pages 23-24.

Mayor's Office of Re-Integration Services For Ex-offenders (RISE)

| 34 S.
11th St, 6th Fl, Philadelphia,
PA 19102 | 215-683-3370 |
RISE offers reentry services.
Walk in M-Th, 10am-1pm.

Resources for
emergency shelter
intakes are on page 29.
Pages 30-31 have longer
term housing programs.
Apply for everything you
qualify for, because
there are waiting lists.

Revised June 2015

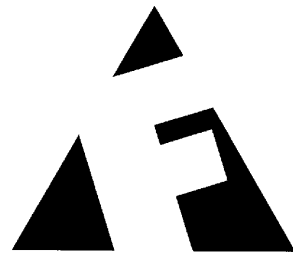
The Philadelphia Discharge Planning Manual

was created as a collaborative effort of
AIDS Law Project of Pennsylvania | 215-587-9377
1211 Chestnut St, Suite 600, Philadelphia, PA 19107
and

The AIDS Library of Philadelphia | 215-985-4851
1233 Locust St, 2nd Fl, Philadelphia, PA 19107

Updates maintained by the AIDS Library.
This edition exists thanks to the work of
ICJ staff, and the following contributors:
Chip Alfred, Naseem Bazargan, Cayden
Halligan, Jane Shull, Sarah Smith, Mary
Tremonte, Juliet Fink Yates, and
Hannah Zellman. Roadmaps adapted
from The Real Cost of Prisons Project
(realcostofprisons.org).

Inclusion in this guide is not an
endorsement of services.



PHILADELPHIA
FIGHT